**$200 Hong Kong Dollar Ingredients**

(Including Breakfast, Lunch or Dinner)

* Instant Noodle 30 packets
  + Brought from U-supermarket
  + Approximately $3.3 per packet
  + Price: $99
* Chicken Chops (Large) 6 Pieces - Enough for 30 meals
  + Brought from market
  + Approximately $11 per Piece
  + Price: $65
* Potato (**Cut into very small dices**)
  + Brought from supermarket (Wellcome Supermarket) or market
  + Approximately $12 per packet
  + Price: $12
* Mixed Vegetables 500gm (Meadow Brand)
  + Brought from supermarket (Wellcome Supermarket)
  + Approximately $24 per packet
  + Price: $24

**Total Price: $200 (All in terms of Hong Kong Dollars)**

*Updated: 8h November 2024 price subject to change*

**Meals And Menus (Total 60 Meals)**

2 Meals Per Day (Breakfast, Luch or Dinner) for 30 days

* Chicken cooked with potato or mixed vegetables served with Rice

(30 meals)

*(Served for Lunch or Dinner)*

* Instant Noodle with / without mixed vegetables – 30 meals

*(Served for Breakfast or Lunch)*

***Total 60 meals***